

# Ready to start fishing?

It's proven that getting outdoors is good for your health. Fishing is a great way to experience and enjoy nature, but for a more exciting, productive trip, there are a few things you should know. Here are a few steps to help you get started:



## STEP 1. Learn the basics.

The biggest step is getting started. You can build a good foundation by becoming familiar with your equipment and various fishing techniques. Start simple, learn skills as you go, and have fun!

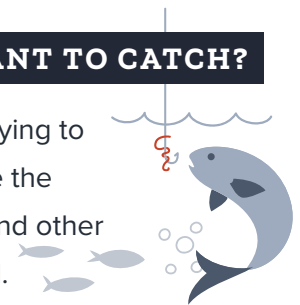


### WHERE ARE YOU FISHING?

From a boat or the shoreline? On a river or a lake? **Where** you fish will affect **what** you catch and **how** you go about doing it, like the equipment you will use.

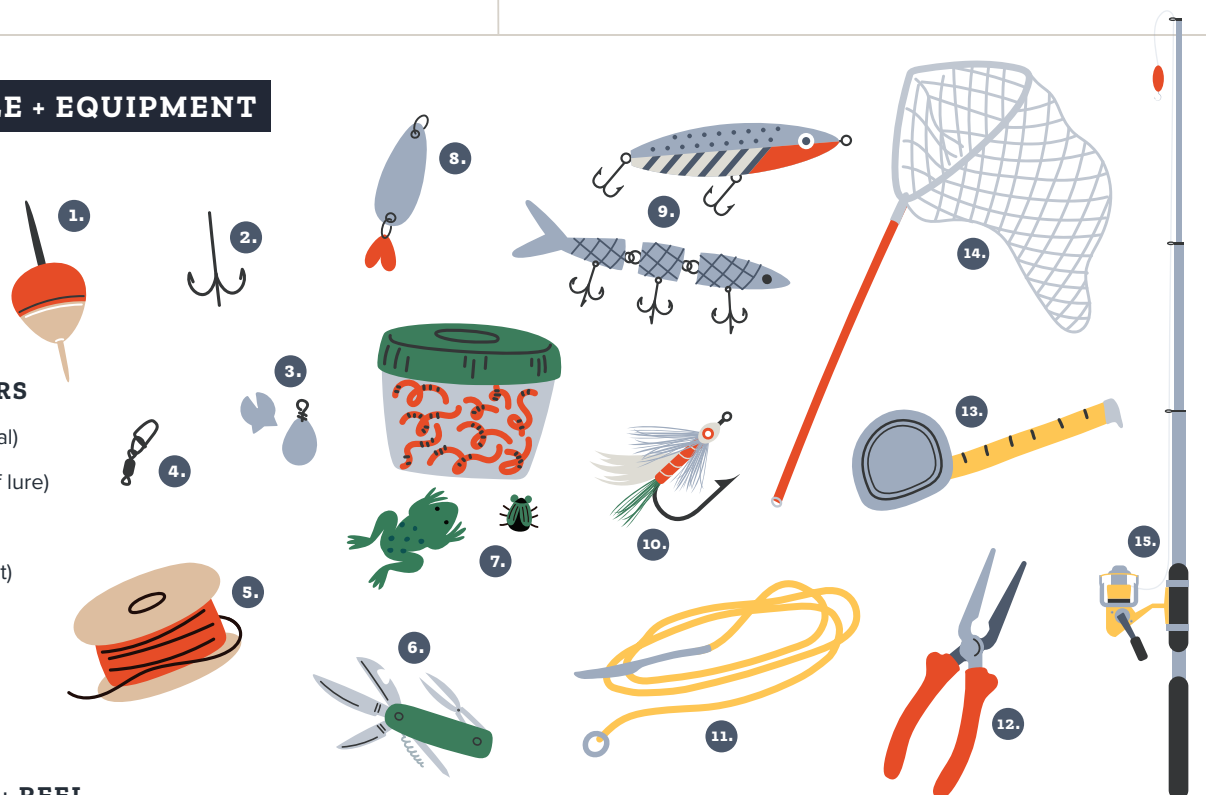
### WHAT DO YOU WANT TO CATCH?

The type of fish you're trying to catch will also determine the types of bait, rod, reel, and other equipment you will need.



### BASIC TACKLE + EQUIPMENT

1. BOBBER
2. HOOK
3. SINKERS
4. SWIVEL
5. LINE
6. KNIFE/SCISSORS
7. BAIT (live or artificial)
8. SPINNER (type of lure)
9. LURES
10. FLY (fly fishing bait)
11. STRINGER
12. PLIERS
13. RULER
14. NET
15. FISHING ROD + REEL  
(spin casting rods are a good option for beginners)



## ▶ STEP 2. Be prepared.

Before you head out to practice your fishing skills, be sure you have a **valid fishing or combination license** either on your person or downloaded onto the **Utah Hunting & Fishing mobile app**. Learn more about Utah licenses at [wildlife.utah.gov/licenses](https://wildlife.utah.gov/licenses).

Refer to the **Utah Fishing Guidebook** to become familiar with fishing **rules and regulations** here in Utah. It covers information such as legal fishing methods, waterbody-specific rules and daily limits for specific types of fish. You can find it online at [wildlife.utah.gov/guidebooks](https://wildlife.utah.gov/guidebooks).

## ▶ STEP 3. Get out and fish!

Whether you want to catch catfish in a pond close to home or reel in a trout from a cool mountain stream, Utah has many outstanding places to go fishing. You can find useful information about fishing Utah's ponds, lakes, rivers and reservoirs on the **Fish Utah** website, located at [fish.utah.gov](https://fish.utah.gov).

For additional fishing information — including tips for beginners, fish-stocking reports, tasty recipes, how-to blog posts, podcast episodes and more — visit [wildlife.utah.gov/fishing](https://wildlife.utah.gov/fishing) or scan the QR below!

